

# Thursday September 20, 2018

TIME	SESSIONS	
8:00 - 8:30	Registration & Breakfast	
8:30 – 10:00	<b>Keynote: Linda Smith</b> <i>Restoring the Continuum: Helping Babies Who Can't Suck Normally</i>	
10:00 – 10:15	Break	
10:15- 11:15	<b>Plenary: Heather Thompson</b> <i>A Complicated Risk/Benefit Analysis for Colorado Breast/Chest Feeding Families Who Use Cannabis: Health, Policy, Legal, and Child Welfare Implications</i>	
11:15- 11:30	Break	
11:30 – 12:30	<b>Lunch Session: Maya Bunik</b> <i>Debunking Mother's Milk Myths: Challenging Cases in Breastfeeding</i>	
12:30- 12:45	Break	
12:45 – 1:45	<b>Plenary: Kimarie Bugg</b> <i>Achieving Health Equity Through Breastfeeding</i>	
1:45- 2:15	Posters & Exhibitors	
2:15- 3:15	<b>Breakout: Brianna Seefeldt</b> <i>The Role of Bodywork for the Breastfeeding Dyad</i>	<b>Breakout: Amanda Ogden</b> <i>The Impact of Hormones on Milk Supply: PCOS, Insulin Resistance &amp; Hyperandrogenism</i>
3:15- 3:30	Break	
3:30- 4:30	<b>Breakout: Linda Smith</b> <i>Perinatal Lyme Disease, What We Know and What We Don't Know</i>	<b>Breakout: Linda Kopecky</b> <i>Breastfeeding Friendly Medical Offices</i>
4:30- 5:00	<b>Closing Announcements</b> <b>Certificate Pick-up for Only Thursday Attendees</b>	

# Friday September 21, 2018

TIME	SESSIONS	
8:00 - 8:30	Registration & Breakfast	
8:30 – 10:00	<b>Keynote: Kimarie Bugg</b> <i>A Cultural Shift in Breastfeeding</i>	
10:00 – 10:15	Break	
10:15- 11:15	<b>Plenary: Tina Sherman</b> <i>Public Policy Advocacy: An Effective Tool to Help Improve Breastfeeding Rates and WIN!</i>	
11:15- 11:30	Break	
11:30 – 12:30	<b>Lunch Session: Linda Smith</b> <i>How to Talk so Mothers and Others Will Listen: Specific Communication Skills for Breastfeeding Counselors</i>	
12:30- 12:45	Break	
12:45- 1:45	<b>Plenary: Lorraine Redmond</b> <i>Breastfeeding Friendly Environments: Effective Multi-Sector Initiatives in Rural Colorado</i>	
1:45 – 2:15	Posters and Exhibitors	
2:15- 3:15	<b>Breakout: Natalie Boeckx</b> <i>Lactation Laws: Your Rights to Nurse and Pump in Colorado</i>	<b>Breakout: Jada Galassini</b> <i>Teen Mothers in Breastfeeding</i>
3:15- 3:30	Break	
3:30- 4:30	<b>Breakout: Linda Smith</b> <i>Physics and Forces in Birth: Effects on the Infant</i>	<b>Breakout: Kim Desmond &amp; Lizzie Schoon</b> <i>Building Inclusive Lactation and Wellness Room Use Guidelines in Local Government</i>
4:30- 5:00	<b>Closing Announcements</b> <b>Certificate Pick-up</b>	

# Posters

- 1. Building Maternal Mental Health Through a Public Awareness Campaign**  
Phounglan Nguyen
- 2. Pelvic Floor Physical Therapy Obstetric Program utilizing Lactation Support**  
Ann Croghan
- 3. Establishing, Maintaining Marketing and Evaluating a University Lactation Support Program: An Inclusive Approach**  
Alena Clark
- 4. Denver WIC Provides In-home Lactation Consults to WIC Moms**  
Amy Kaplan
- 5. Skin to Skin Contact for Healthy C/Section Deliveries: A Quality Improvement Project**  
Sirin Dogan
- 6. Hand Expression and Duration of Breastfeeding**  
Stazi Lesnansky
- 7. Supporting Working Moms: A Prospective on What Works**  
Kim Cierpik-Gold
- 8. Formula Distribution and the Impact of Breastfeeding Relationships**  
Grace Thorvilson
- 9. Preventing Postpartum Depression**  
Julie Ciecior