

## 2020 Colorado Lactation Conference

# **Building Resilience to**Navigate the Future

**September 24, 2020** 

For more information and to REGISTER visit COLactationConference.com

Virtual—Zoom

# The 1 Day Breastfeeding Conference Includes:

Keynote Presentations by:

Anne Eglash, MD, IBCLC, FABM,

Felisha Brooks-Floyd, BS, IBCLC, CLC, &

Robin Kaplan, M.ED., IBCLC

Additional sessions on clinical, community and health equity topics

Up to 5 Continuing education credit hours applied for: CDRs; CERPs; & CNEs and CMEs provided by Lutheran Medical Center.



www.COLactationConference.com

Presented by: Colorado Breastfeeding Coalition & La Leche League of Mountain Plains



### **2020 Colorado Lactation Conference Objectives and Agenda**

#### By the end of the Conference, attendees will learn:

- The importance of breastfeeding during the COVID-19 pandemic and how to reduce the risk to newborns and children;
- Barriers that hinder Black families and marginalized communities from breastfeeding and tools/resources to help achieve equity;
- ♦ Components of and how to implement successful virtual breastfeeding support; and
- How to apply evidence-based practices and policies to positively impact the health of Colorado mothers and children.

Thursday, September 24, 2020			
Time	Session		
8:30—9:00	Morning Coffee—Optional networking session		
9:00—9:10	<b>Welcome!</b> Colorado Breastfeeding Coalition and La Leche League of Mountain Plains opening remarks, logistics of the day.		
9:10—10:10	Keynote-General Session: Anne Eglash, MD  The COVID-19 Pandemic: Challenges for Breastfeeding Families		
10:10—10:20	Break		
10:20— 11:20	Keynote-General Session: Felisha Floyd, BS, IBCLC, CLC  Reclaiming Our Milk: Transforming the Landscape of Lactation		
11:20—11:30	Break		
11:30— 12:30	Keynote-General Session: Robin Kaplan, M.ED., IBCLC  Providing Virtual Support for Breastfeeding/Chestfeeding Families		
12:30—12:50	Lunch Break		
	Breakout #1		
12:50—1:50	1 A: Laurel Wilson, IBCLC, BSc, CLE, CCCE, CLD Gut Reaction: How Human Milk and Breast/Chestfeeding Transform the Newborn Gut and Long-term Health	1 B: Lorena Angelini, CLC; Brenda Rodriguez, RD, CLC; Paulina Erices, BS, IBCLC, RLC  Alma, Corazón y Vida; Soul, Heart, and Life – Breastfeeding Support Centered in Community Wisdom	<b>1 C: Alliss Hardy</b> , CLC, CLE  Lactation in the LGTBQ+ Community and Adoption
1:50—2:00	Break		
2:00—3:00	Breakout #2		
	2 A: Marianne Neifert, MD, MTS, FAAP  The Ethical Responsibility of Lactation Care Providers to Promote Breastfeeding and	2 B: Natalie Gates, IBCLC, BC; Angelica Pereda, RN, BSN; Paulina Erices, BS, IBCLC, RLC  Pediatric Disaster Planning — Training and Partnerships for a Formal Operation Plan for Safe Infant	<b>2 C: Briana Tillman</b> , DO  Breastfeeding and Maternal Mental Health
	Safe Sleep as Two Aligned Public Health Priorities	mal Operation Plan for Safe Infant and Young Child Feeding	