

# **Building the Maternal Mental Health Constellation**

Maternal Mental Health FORUM A Virtual Conference and Networking Event

Wednesday-Friday, March 23-25, 2022



# March 23-25, 2022

COLORADO 20% Discounted Rate Enter discount code: CDPHE2022

Click **HERE** to register and pay.

Come Hear About Colorado Initiatives and Connect with Local Colleagues

# National agenda highlights:

- \*Screening: Increasing Rates \*AND\* Doing No Harm
- \*Achieving Health Equity in Mental Health Progress Made & Next Steps
- \*MMH as the First PACE: Positive & Adverse Childhood Experiences
- \*A Missing Link in MMH Levels of Care & Stepped Care Approaches









**Population Mental Health & Wellbeing** 

colorado school of public health



#### \*\*All Times in local MT\*\*

# Wednesday, March 23 - 11:30 am to 4 pm

11:30 am - Welcome Address & A Mother's Story

12 pm – Opening Keynote: Where Do You Fit in the Constellation?

12:45 - Panel 1: Mental Health Screenings & Integration in Primary and OB Care

2 pm – Maternal Mental Health Startup Companies - Virtual/Tech Solutions Fast Pitch

3 - 4pm - Colorado Initiatives presentation - via Zoom:

https://cpcqc-org.zoom.us/j/89741123190?pwd=alNvOXkzQUIGZERyMUw1OUV2dXNjZz09

Meeting ID: 897 4112 3190 | Passcode: 665862

# Thursday, March 24 – 10 am to 4 pm

10 am – Welcome & Keynote: Distress in Pregnancy

10:30 am - A Mother's Story via the Short Film TOXIC: A Black Woman's Story

10:55 am – Panel 2: Distress in Pregnancy Responsive Panel and Film Discussion

11:45 am – Breakout sessions (11 subsessions)

1:00 pm - Panel 3: How Hospitals Can & Must Up Their Maternal Mental Health Quality Game

2:15 pm – Panel 4: Maternal OCD: Why We Must Understand and Do More

3:10 - 4 pm Virtual Networking Meetups by Region (7 subsessions)

# Friday, March 25 – 10 am to 3 pm

10 am – Welcome and Maternal Mental Health Hero Awards

10:15 am – Film Screening: From the Ashes - a Film about A Black Mother's Rise from PPD

10:50 am – Panel 5: Closing Racial Disparity Gaps Through Policy Solutions with Congresswoman Underwood

12 pm - Panel 6: How Massachusetts & Louisiana are Changing the Face of Matn. Mental Health

12:45 pm – Keynotes and Panel 7: Americas Health Rankings Report & What in the World? What the U.S. Can Learn from Other Countries About Providing Mental Health Care

2 - 3 pm Closing Remarks, Call to Action and Giveaways