



Colorado Lactation CONFERENCE

KEYNOTE SPEAKERS



Catherine Watson Genna

Non-Latching Babies:
Using Instinctive
Behaviors



Emma Makin Burress

Looking Beyond The
Latch



Ashley Sward & Michelle Stora Grassia

Mind & Milk: Supporting
Maternal Health for
Breastfeeding Success



**Friday,
September 25th, 2026**



8:30am – 4:30pm



**4300 Cherry Creek Dr S.
Denver, CO**

In-person or Virtual!

Register Now

AGENDA

Keynote – General Session

9:10 am – 10:10 am

- Catherine Watson Genna, BS, IBCLC

10:20 am – 11:20 am

- Emma Makin Burress, MPH, IBCLC

11:30 am – 12:30 am

- Ashley Sward, PsyD & Michelle Stora Grassia, IBCLC

Breakout Sessions

1:20 pm – 2:15 pm

- **Catherine Watson Genna:** Non-Latching Babies: Strategies & Counseling
- **Alena Clark:** More Than Milk: How Lactation May Shift the Menopause Timeline
- **Lupe Zarate:** LactiConnect: Implementing Breastfeeding Support Through Community-Trained Specialists Providing Telephone Counseling (Spanish)

2:25 pm – 3:20 pm

- **Catherine Watson Genna:** Understanding Infant Feeding: Breast vs. Bottle
- **Kathryn Clark:** From Viral Trends to Real-Life Feeding: Supporting Families in a Social Media-Driven World
- **Allison Lindbloom:** Bridging Breastfeeding Gaps: Lessons Learned from In-Home Visits

3:30 pm – 4:25 pm

- **Ana Grantham:** Triple Feeding Evidence, Ethics, Maternal Mental Health, & Exit Strategies
- **Bethany Carvajal:** Improving Breastfeeding Rates Utilizing Prenatal & Postnatal Partnerships: Making CHAMPS National Work at Denver Health
- **Amy Barcenas:** Moccasins on the Ground: Community-Based Lactation Support for Indigenous Families in Colorado



Mothers' Milk Bank
a program of Rocky Mountain Children's Health Foundation



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